

KS2 Gymnastics Festival

Date	Wednesday 19 th November 2025
Time	Arrival from 12:45pm for warm up and safety briefing at 1pm Event runs 1pm-3pm
Duration	2 Hours
Years	Years 3 and 4
Venue	Flic Flac Gymnastics Club, Charnock Richard PR7 5LP
Team size	Maximum 5 children per school
Gender	We encourage a mix of boys and girls
Format	A rotation of gymnastics activities including balance beams, vaulting, floor sequence, bars and conditioning/multiskills
Intent	Championing physical literacy Building confidence and important fundamental movement skills
Further considerations	• All participants must be bare foot and in comfortable/ sporty clothing or PE kits with jewellery removed and long hair tied back • No preparation or experience necessary • Bring plenty of water and a snack if needed • Venue, parking, facilities and accessibility TBC
Awards	Certificate of participation for all