

## KS2 Gymnastics Festival

Date	Wednesday 19 <sup>th</sup> November 2025
Time	Arrival from 12:45pm for warm up and safety briefing at 1pm Event runs 1pm-3pm
Duration	2 Hours
Years	Years 3 and 4
Venue	TBC
Team size	Maximum 5 children per school
Gender	We encourage a mix of boys and girls
Format	A rotation of gymnastics activities including balance beams, vaulting, floor sequence, bars and conditioning/multiskills
Intent	Championing physical literacy Building confidence and important fundamental movement skills
Further considerations	<ul> <li>All participants must be bare foot and in comfortable/ sporty clothing or PE kits with jewellery removed and long hair tied back</li> <li>No preparation or experience necessary</li> <li>Bring plenty of water and a snack if needed</li> <li>Venue, parking, facilities and accessibility TBC</li> </ul>
Awards	Certificate of participation for all